



FUNBOOK

Summer 2024



ENDLESS FUN THIS SUMMER AT NORTH OF THE RIVER

Dive into our exciting lineup of Summer Camps, make a splash with our Aquatics program, and enjoy Movies in the Park.

LEARN MORE INSIDE!

ABOUT THE FUNBOOK

The Funbook is published three times a year in Spring, Summer, and Fall/Winter. Leagues, camps, and programs are available to the public. We're adding programs through the season! Programs may be re-scheduled or cancelled according to NOR policy and registered participants will be notified of a change in program status. Residents living within the District's boundaries may be eligible for a rate discount at registration for select programs.

ABOUT NOR

MISSION

To provide recreation programs and facilities for the benefit of the North of the River community.

NOR BOARD

Crystal Madden	Chair
Jenifer VanAlstein	Vice Chair
Bob Smith	Member
Ryan Skidmore	Member

NOR ADMINISTRATION

Bret Haney	General Manager
Wayne McArthur	Finance Director
Mike Evans	Superintendent of Parks & Facilities
Steph Sanders	Planning & Construction Director
Esther Grijalva	Human Resources Director
Jasmin LoBasso	Superintendent of Recreation & Community Services

NOR CENTERS



GA - Greenacres
 392.2010
 2014 Calloway Dr



SAC - Rasmussen
 392.2030
 115 E. Roberts Ln



RL - RiverLakes
 392.2000
 3825 Riverlakes Dr



RV - Riverview
 392.2020
 401 Willow Dr

POOL INFORMATION



GREENACRES
 2014 Calloway Dr
 392.2019

Children 8 years old and under require one-on-one supervision by an adult. All lifejackets must be U.S. Coast Guard approved.

Learn More about Rec Swim & Pool Rentals in the Seasonal section.

SPRAY PARKS

Emerald Cove
 4303 Patton Way

Polo Community
 11801 Noriega Rd

Sears
 444 Norris Rd

Madison Grove
 10115 Norris Rd

Riverview
 401 Willow

Silver Oak
 15855 Opus One Dr

North Meadows
 3300 McCray St

San Lauren
 4101 Mohawk St

Check back in May!
View the Spray Park operation schedule at NORfun.org.

REGISTER FOR ACTIVITIES ONLINE

**For most activities, unless otherwise noted*

- 1 Visit NORfun.org**
Click on the ONLINE REGISTRATION tab in the upper right corner.
- 2 Select activity type**
Select the appropriate activity type.
- 3 Select class**
Check the box to the left of the description.
- 4 Add to cart**
Select the ADD TO CART button.
- 5 Login**
Login and verify your account info.
- 6 Proceed to checkout**
Follow the prompts and proceed to checkout. You're ready to



NO ACCOUNT? NO WORRIES!

Select the "Sign Up Now" option under the Login button. Add each family member to your account to register for unique activities.

Join the Fun!

RESERVE FACILITIES ONLINE

- 1 Visit NORfun.org**
Click on the FACILITY RESERVATION tab in the upper right corner.
- 2 Select Facility**
Select your preferred facility type.
- 3 Choose Date & Time**
Browse our facilities dates and times.
- 4 Confirm Permit Request**
For most facilities, confirm your permit request. NOR staff will contact you to review your request, and once payment is received, your reservation is confirmed. Picnic shelters can be booked instantly online with full payment.

GET STARTED NOW!

This enhancement is part of our ongoing efforts to provide you with a seamless experience. We hope this new feature adds convenience to your interactions with NOR.



@NORfun



@norrecreation



NOR Newsletter

Scan to Sign Up



LUNCH & PLAY

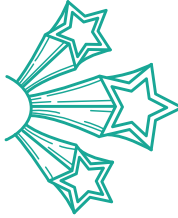
AGES 2-18 Take a trip to your NOR park! Kids and teens aged 2-18, regardless of income, are welcome to enjoy a FREE healthy meal at the Riverview Community Center and Park. Meals are provided through the Kern County Superintendent of Schools.

M-F	6/3 - 7/26	11:30am - 12pm	RV & GA	FREE
M-F	6/3 - 6/28	11am - 12pm	N. Beardsley	FREE



MOVIES IN THE PARK

Join us under the stars for an unforgettable cinematic experience at Movies in the Park! Bring your loved ones, gather your friends, and immerse yourself in the joy of outdoor cinema suitable for all ages. From timeless classic films to blockbuster hits. Movies in the Park isn't just about entertainment; it's about community. Share laughs, gasps, and unforgettable moments with fellow movie enthusiasts as you create memories that will last a lifetime for **FREE!** Events will be cancelled if temperature reaches 104° or higher.



JUNE

Th	6/6	Sunset	Liberty	FREE
F	6/7	Sunset	Polo	FREE
TH	6/13	Sunset	Liberty	FREE
F	6/14	Sunset	Emerald Cove	FREE
Th	6/20	Sunset	Liberty	FREE
F	6/21	Sunset	Westdale	FREE
Th	6/27	Sunset	Liberty	FREE
F	6/28	Sunset	Almondale	FREE

JULY

F	7/5	Sunset	Mondavi	FREE
Th	7/11	Sunset	Liberty	FREE
F	7/12	Sunset	Emerald Cove	FREE
Th	7/18	Sunset	Liberty	FREE
F	7/19	Sunset	N. Meadows	FREE
F	7/26	Sunset	RL Gym	FREE

AUGUST

F	8/2	Sunset	Polo	FREE
F	8/9	Sunset	Polo	FREE
F	8/16	Sunset	Madison Grove	FREE
F	8/23	Sunset	Polo	FREE
F	8/30	Sunset	Polo	FREE

RIVERLAKES FARMERS MARKET Learn more on Facebook @bakersfieldmarket

Join a vibrant community of small farmers, producers, and artists with locally-sourced goods, fresh produce, and handcrafted treasures for sale. Seasonal features vary by week. Presented by The Hens Roost.

S	Ongoing	9am - 1pm	RiverLakes	FREE
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REC SWIM

BEAT THE HEAT AT OUR POOL FOR ONLY \$1 PER PERSON! Admission is FREE with the donation of a non-perishable food item to benefit the NOR Meals on Wheels program. Purchase a season pass for \$15. If it is 105° or hotter at time of entrance during Rec Swim, admission is FREE!

T/W/Th	6/25 - 8/1	2 - 4pm	GA	\$1
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POOL RENTAL

Pool rental available on July weekends only for \$115 per hour, minimum of 2 hours. Fee includes pool supervision by Red Cross Certified Lifeguards and Pool Manager. The pool rental fee must be paid in advance and arrangements can be made by calling 392-2000.

Water Safety Tips Provided to you by American Red Cross, Poolsafely.gov, and NOR.

TOO MUCH SUN IS NO FUN

- Always wear sunscreen to protect skin from harmful UV rays.

SWIM WITH A BUDDY

- Stay in supervised areas with parental supervision.

LOOK BEFORE YOU LEAP

- Choose safe places to swim and dive.
- Make sure your area is clear of others.
- Always go feet first in less than 5 feet of water.

SAFELY BEAT THE HEAT

- Know the hazards of heat-related injuries and how to prevent them.

TAKE CAUTION TO AVOID SLIPS

- Do not run. Walk near pools or on wet concrete to minimize risk.

THINK SO YOU DON'T SINK

- Use only U.S. Coast Guard approved lifejackets.
- Make sure all buckles and straps are secure.

KC PUBLIC HEALTH MOBILE CLINIC Learn more at kerpublichealth.com

Access child and adult immunizations, tuberculosis testing, family planning services, health screenings, and more. No appointments necessary and walk-ins are welcome. Call 661.321.3000 for more information.

T	5/1	9am - 3pm	Riverview	FREE
Th	6/27, 7/25, 8/22	9am - 3pm	Riverview	FREE

FIRST 5 KERN CHILDREN'S MOBILE IMMUNIZATION CLINIC Learn more at first5kern.org



Access FREE vaccines for children ages 0-5 regardless of health insurance and ages 6-18 under certain criteria. Child's immunization cards are required and registration ends 30 minutes before closing time. Call 661.869.6740 for more information.

M	5/20, 6/24, 7/22, 8/26	9 - 11:30am & 12 - 2pm	Riverview	FREE
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SWIM LESSONS

Red Cross swim lessons are designed to help swimmers of varying ages and abilities develop their water safety, survival, and swim skills. As children progress through the various levels, they increase their comfort level in and around the water. NOR also provides Private Lessons that focus on one swimmer. Lessons are 30 minutes in length, Monday through Thursday for two weeks. *NOR will be closed the 4th of July and will reopen on July 5th. Fees will be prorated for Session 1. Registration begins May 1st.

Purchase any two swim lessons for the same household and receive 25% off the third swim lesson for levels 4 or 5. Refunds will be accepted until the Friday before the first day of your registered swim lesson.

All Sessions Run Monday-Thursday

SESSION 1: June 24-July 3* (\$53)



	Parent/Child	Beg. Toddler	Adv. Toddler	Level 1	Level 2	Level 3	Level 4	Level 5	Private
9a		●	●		●				
9:45a		●		●			●		
10:30a	●		●		●	●			
11:15a			●	●			●	●	
12p	●		●	●					
4:30p			●		●	●			
5:15p		●		●		●			
6p		●			●				●
6:45p	●		●	●					

SESSION 2: July 8 - July 18 (\$57)

	Parent/Child	Beg. Toddler	Adv. Toddler	Level 1	Level 2	Level 3	Level 4	Level 5	Private
9a			●	●			●		
9:45a		●		●		●			
10:30a	●				●			●	
11:15a		●	●				●		
12p			●	●	●	●			
4:30p		●		●				●	
5:15p			●		●	●			
6p	●			●			●		
6:45p			●	●	●				

SESSION 3: July 22 - August 1 (\$57) (Private \$107)

	Parent/Child	Beg. Toddler	Adv. Toddler	Level 1	Level 2	Level 3	Level 4	Level 5	Private
9a		●			●			●	
9:45a			●	●			●		
10:30a			●			●		●	
11:15a			●	●		●			
12p									●
4:30p	●		●			●			
5:15p		●		●	●				
6p		●			●	●			
6:45p	●		●				●		

PARENT & CHILD

AGES 6mos-3 Parents and children learn together to increase children's comfort in the water & build a foundation of basic aquatic & water safety skills. The philosophy of this class is to help your child feel comfortable in the water & as the parent, you will be teaching your child to relax & have fun. All skills taught are with physical support from the parent. **Please note:** This class will *not* teach your child how to swim & is only the first step; as your child progresses to future levels, they will begin to swim independently.



SKILLS TAUGHT

- Introduce safety topics
- Blow bubbles
- Develop arm & leg action
- Safely enter & exit water
- Play with water toys
- Introduce front & back float
- Explore underwater

BEGINNING TODDLER

AGES 3-5 Introduction to Water Skills
Introduces children to the aquatic environment & helps them gain basic aquatic skills.

SKILLS TAUGHT

- Safely enter & exit water
- Roll front to back & back to front
- Blow bubbles
- Learn leg & arm actions
- Open eyes underwater
- Float on front & back



ADVANCED TODDLER

AGES 3-5 Fundamental Aquatic Skills
Helps children gain greater independence in their skills & develop more comfort in and around the water.

- Jump into water
- Retrieve submerged objects
- Learn bobbing
- Learn front & back glide
- Submerge entire head
- Learn combined leg & arm actions
- Open eyes underwater
- Acquire safety skills



LEVEL 1

AGES 6+ Introduction to Water Skills
Helps participants feel comfortable in the water & develop introductory water skills.

- Safely enter & exit water
- Retrieve submerged objects
- Blow bubbles
- Learn leg actions & arm actions
- Learn bobbing
- Learn combined leg & arm actions
- Open eyes underwater

LEVEL 2

AGES 6+ Fundamental Aquatic Skills
Prepares participants for success by practicing fundamental skills.

- Safely enter & exit water
- Learn front & back floats
- Learn bobbing
- Learn front & back glides
- Open eyes underwater
- Change direction while swimming
- Retrieve objects
- Learn combined leg & arm actions
- Tread water
- Fully submerge & hold breath

LEVEL 3

AGES 6+ Stroke Development
Expands participant skills with practice in deeper water.

- Learn rotary breathing
- Enter headfirst from side in sitting & kneeling positions
- Practice survival float
- Push off & begin flutter or dolphin kicks
- Tread water
- Learn elem. backstroke



LEVEL 4

AGES 6+ Stroke Improvement
Develops & improves participant confidence in aquatic skills.

- Swim underwater
- Enter headfirst from side in compact & stride positions
- Tread water
- Learn feet first surface dive
- Learn breaststroke, sidestroke, & butterfly
- Practice freestyle & backstroke flip turns while swimming



LEVEL 5

AGES 6+ Stroke Refinement
Provides participants with further coordination and refinement of strokes.

- Practice skills: shallow-angle dive, flip turns, sculling, tread water
- Practice 6 strokes: freestyle, backstroke, breaststroke, butterfly, sidestroke, & elementary backstroke

NEW NEIGHBORHOOD PLACE CPR & FIRST AID CLASS

AGES 18+ We offer FREE CPR & First Aid classes for parents/guardians with a \$36 certification fee. Each course covers full material for CPR/FA/AED. An American Red Cross certification will be issued upon passing the class. *FREE certification available while supplies last!

Th	4/25, 5/9, 5/23, 6/23, 6/27	1 - 5pm	Riverview	\$36*
F	4/19, 5/3, 5/17, 6/7, 6/21	1 - 5pm	Riverview	\$36*
S	4/20, 5/4	8:30am - 12:30pm	Riverview	\$36*
S	4/20, 5/4	1:30 - 5:30pm	Riverview	\$36*

JUNIOR THEATRE - BEAUTY & THE BEAST JR.

AGES 5.5-18 Experience the magic of our longest-running program, where young performers are introduced to essential theatre skills, fostering creativity and confidence on stage. All who audition are cast. *This program is eligible for a residency discount.

About the show: The classic story tells of Belle, a young woman in a provincial town, and the Beast, who is really a young prince trapped under the spell of an enchantress. If the Beast can learn to love and be loved, the curse will end and he will be transformed to his former self. But time is running out!

AUDITION

S	6/1	10am - 12pm	AM Session	Riverview	FREE
S	6/1	1 - 3pm	PM Session	Riverview	FREE
T	6/2	6:30pm	Both Sessions	Riverview	FREE

REHEARSALS

M-Th	6/10 - 7/25	10am - 12pm	AM Session	Riverview	\$230*
M-Th	6/10 - 7/25	6:30 - 8:30pm	PM Session	Riverview	\$230*

PERFORMANCE

S	7/27	1pm & 6pm	AM Session	Rasmussen	\$10
Su	7/28	1pm & 6pm	PM Session	Rasmussen	\$10

LINE DANCING

AGES 13+ Country Line Dancing is a fun way to exercise and socialize. Learn line dances like Electric Slide, Tulsa Time, Watermelon Crawl, Boot Scootin' Boogie, and Cowboy Cha Cha. A drop in year round class.

M	Beginner	5:30 - 6:30pm	Greenacres	\$6
M	Intermediate	6:30 - 7:30pm	Greenacres	\$6
Th	Beginner	10:30am	Rasmussen	\$5
Th	Intermediate	1:30pm	Rasmussen	\$5

ORDER OF THE DRAGON

AGES 4+ Master Earl Absher, 8th Degree black belt, teaches a combination of Tae Kwon Do, Karate, and self-defense. Practical "real life" self protection program for all students. Goals are to learn self defense, become aware of stranger danger, and safety awareness - all with an emphasis on respect and discipline. This is a year round program, sign up any time! \$10 Drop in rate or monthly charge (three classes per week). For more information, call 588-3217.

W/F	White Belt	6 - 6:40pm	Greenacres	\$59
W/F	Yellow Belt	6:45 - 7:25pm	Greenacres	\$59
W/F	Orange Belt	7:30 - 8:10pm	Greenacres	\$59

CREATIVE CORNER

AGES 6-10 This program gives children a chance to explore a wide range of activities including art, science, crafts, and cooking. Projects are developed for children to express themselves through their work. Drop off your child to enjoy three hours of fun! *This program is eligible for a residency discount.

M/W	6/3 & 6/5	9am - 12pm	Riverview	\$80*
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KIDDOS IN THE KITCHEN

AGES 4-7 Drop off your child for fun cooking activities this summer. Each child will learn step-by-step simple recipes that they will enjoy and will receive their own cooking apron. Two day class. Child must be toilet trained. Must be 4 yrs old by start date. *This program is eligible for a residency discount.



T/Th	6/4 & 6/6	10am - 12pm	Riverview	\$70*
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NOR CO-OP

REGISTER NOW FOR THE NEW SCHOOL YEAR 2024/25!

Our children's kindergarten readiness program operates during the school year and features age-appropriate hands-on activities, arts and crafts, STEM (Science, Technology, Engineering, Math, and Literacy), and much more! Parents are required to help with activity prep work once per month. Child must be toilet trained and current with immunizations. One time registration fee of \$25. *This program is eligible for a residency discount.

GREENACRES (Ages 3.5-5. Must be 3.5 by start date)

M-Th	9/3/24 - 11/14/24	8:30 - 11:30am	GA	\$770 Sess./\$325 Mo.*
M-Th	11/28 - 2/20/25	8:30 - 11:30am	GA	\$770 Sess./\$325 Mo.*
M-Th	1/24/25 - 5/15/25	8:30 - 11:30am	GA	\$770 Sess./\$325 Mo.*

RIVERVIEW (Ages 3-5. Must be 3 by start date)

M-Th	9/3/24 - 11/14/24	10am - 1pm	RV	\$675 Sess./\$275 Mo.
M-Th	11/28/24 - 2/20/25	10am - 1pm	RV	\$675 Sess./\$275 Mo.
M-Th	2/24/25 - 5/15/25	10am - 1pm	RV	\$675 Sess./\$275 Mo.

NEIGHBORHOOD PLACE

We offer free educational, social programs and activities to assist children up to five years of age in learning skills necessary for adequate school preparation. All children must be current with immunizations.

LITTLE LEARNERS

Little Learners offers free educational, recreational, and social opportunities to help prepare children for kindergarten. The program is focused on early learning development.

M-Th	18mos - 3	8:45 - 9:45am	Riverview	FREE
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4 & 5 READY TO STRIVE

Get your child ready for kindergarten! Our 4 & 5 class is structured toward kindergarten readiness and focuses on curriculum that includes Science, Technology, Engineering, Math (STEM), and Literacy. Age-appropriate hands-on activities are provided to help further your child's educational development, expand their social skills, and learn in a classroom environment.

M-Th	Ages 4 - 5	10 - 11am	Riverview	FREE
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TOT SUMMER CAMP

AGES 3-6 Camp for preschoolers with summer fun activities, themes, arts and crafts, kindergarten school readiness, and much more! Children must be toilet trained, be 3 years old by start date, and child immunizations must be up to date. Camp includes a FREE meal made available by KCSOS. (Camp is closed on July 4th.)

M-F	6/3 - 6/28	10am - 1pm	Riverview	\$240
M-F	7/1 - 7/26	10am - 1pm	Riverview	\$240



SUMMER CAMP

AGES 6-12 We invite campers to join us for up to 9 weeks of summer fun. Each week features activities based on themes and offers a variety of activities including active games, arts and crafts, and special activities. Program offers indoor and outdoor activities. Come Join the Summer Fun! Campers must bring their own lunch. A weekly registration is available for \$170* and must be paid the Wednesday before the start date. Exciting addition this year: A convenient meal package option for your camper, made available through KCSOS. (Camp is closed on July 4th) *This program is eligible for a residency discount.

M-F	6/3 - 7/5	7:30am - 6pm	Greenacres	\$725*
M-F	7/8 - 8/2	7:30am - 6pm	Greenacres	\$580*

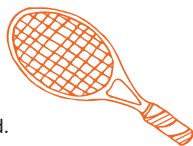
YOUTH TENNIS CAMP

AGES 6-14 Instruction will include basic fundamentals of tennis - grip, swing, follow through, forehand, backhand, volleys, serving and fun game based drills. Shirt included.

*This program is eligible for a residency discount.

#1 (6/3 - 6/6) #2 (6/10 - 6/13) #3 (6/17 - 6/20) #4 (6/24 - 6/27)

M-Th	Beginner	8 - 10am	Madison Grove	\$97*
M-Th	Beginner	8 - 10am	Silver Oak	\$97*
M-Th	Intermediate	10am - 12pm	Madison Grove	\$97*
M-Th	Intermediate	10am - 12pm	Silver Oak	\$97*



NEW SUMMER FINGERBOARD CAMP

AGES 6-15 What is fingerboarding? And if it's a thing, why? First, a fingerboard is a mini version of a skateboard. Instead of using your body, you use your fingers to "skate" the board and do tricks. Fingerboarding is not only fun but requires quick thinking and concentration to learn and master tricks. Pro skaters use fingerboarding as a 3-D visual aid to understand future potential tricks and maneuvers. Instruction will be provided by Bakersfield Skateboard Co. Fingerboards provided along with a camp T-Shirt.

Two time slots: 9-10:15am or 10:30-11:45am

M-Th	Beginner	7/8 - 7/11	RiverLakes	\$110
M-Th	Beginner	7/15 - 7/18	RiverLakes	\$110
M-Th	Beginner	7/22 - 7/25	RiverLakes	\$110
M-Th	Beginner	7/29 - 8/1	RiverLakes	\$110



SUMMER SPORTS CAMP

AGES 6-15 Join Coach Brendt Crews in one of NOR's longest running programs. Work to improve your fundamental skills in basketball and volleyball. Bring court shoes or sneakers, knee pads (for volleyball), water, and lunch. Registration closes the Friday before scheduled session. Exciting addition this year: A convenient meal package option for your camper, made available through KCSOS. *This program is eligible for a residency discount.

BASKETBALL

M-F	6/3 - 6/7	8am - 2pm	RiverLakes	\$169*
M-F	6/17 - 6/21	8am - 2pm	RiverLakes	\$169*

VOLLEYBALL

M-F	6/10 - 6/14	8am - 2pm	RiverLakes	\$169*
M-F	6/24 - 6/28	8am - 2pm	RiverLakes	\$169*

SUMMER SKATEBOARD CAMP

AGES 6-15 Join the Fun at our exciting youth Skateboard Camp, where young skaters can unleash their passion for skateboarding! Whether your child is a beginner or an intermediate skater, our sessions are tailored to provide appropriate instruction and guidance. Participants will receive expert coaching on proper techniques, balance, tricks, and safety measures, empowering them to progress confidently. Participants must provide their own skateboard and safety equipment (helmet, knee, and elbow pads).

Two time slots: 9-10:15am or 10:30-11:45am

M-Th	Beginner/Intermediate	6/3 - 6/6	N. Beardsley	\$110
M-Th	Beginner/Intermediate	6/10 - 6/13	N. Beardsley	\$110
M-Th	Beginner/Intermediate	6/17 - 6/20	N. Beardsley	\$110
M-Th	Beginner/Intermediate	6/24 - 6/27	N. Beardsley	\$110

NEW TEEN OPEN GYM

AGES 12-18 Come join the fun this summer for a pick-up game of basketball. Basketballs provided. Must register to play. (No Open Gym Basketball on July 4th.)

BASKETBALL

T/Th	6/3 - 6/30	9am - 12pm	Riverview	FREE
T/Th	7/1 - 7/31	9am - 12pm	Riverview	FREE

ADULT OPEN GYM

AGES 18+ Open Gym is defined as an inclusive opportunity that gives everyone at all skill levels free time (for an established participation fee) to play with different players, come alone and have someone to play with, learn or expand skills, and most importantly, to have fun! The Open Gym program is not intended for the use of private lessons or group classes, competitive games, player discrimination or non-inclusion, or closed groups. Pickleball nets are provided; players set up and take down nets. Paddles and Wiffle Balls are not provided. Players and spectators must pay fee. Daily fee of \$3 or \$30 for a 15-day pass. **CASH ONLY**



BASKETBALL

M-F	Ongoing	10am - 12pm	Greenacres	\$3
T/Th/F	Through May	11am - 12pm	RiverLakes	\$3

PICKLEBALL

MWF	Ongoing	11:30am - 2pm	Riverview	\$3
Su	Ongoing	11:30am - 2:30pm	Riverview	\$3

YOUTH & ADULT TENNIS

AGES 6+ Instruction will focus on basic fundamentals of tennis to include grip, swing, forehand, backhand, volleys, serving, and fun game based drills. Please dress appropriately and bring a racquet. Youth Beginner racquet size is 23-25". All other racquet sizes are 27".

*This program is eligible for a residency discount. No Classes on 8/31 and 9/1.



YOUTH (4/20-5/18) (6/1-6/29) (7/6-8/3) (8/10-9/14)

S	Beginner	8:30 - 9:30am	Westdale	\$65*
S	Intermediate	9:30 - 10:30am	Madison Grove	\$65*
S	High School	10:30 - 11:30am	Madison Grove	\$65*

ADULT (4/21-5/19) (6/2-6/30) (7/7-8/4) (8/11-9/15)

Su	Beginner	11am - 12pm	Silver Oak	\$65*
Su	Intermediate	12 - 1pm	Silver Oak	\$65*

ADULT SPORTS

AGES 18+ Stay in shape and enjoy the friendly competition of one of our Adult Sports programs. Entry fees are per team so sharing the cost with friends makes it affordable and fun. Visit our website for registration deadlines for each sport's season. Get ready to join the action -- individuals without a team, otherwise known as Free Agents, will be able to register for Softball during the Fall season!



BASKETBALL

M-Th	5/20 - 7/18	Summer	RL/GA/RV	\$625
M-Th	8/12 - 10/10	Fall	RL/GA/RV	\$625

SOFTBALL

Su/T/Th	5/28 - 8/22	Summer	RL/GA	\$450
Su/T/Th	9/8 - 12/12	Fall	RL/GA	\$450

VOLLEYBALL

Th	6/6 - 7/25	Summer	RiverLakes	\$375
Th	9/5 - 10/17	Fall	RiverLakes	\$375



DISC GOLF

ALL AGES It's a walk in the park with a point! Try this exciting and popular sport, played similarly to golf but with "Frisbee-like" discs. In partnership with Kern County Disc Golf Club, we offer an 18 hole course with different tee locations.

Weekly	Ongoing	Park Hours	Riverview	FREE
Weekly	Ongoing	Park Hours	San Lauren	FREE

DISCOVERY SPORTS



AGES 3-6 It's never too early to work on your child's motor development skills and NOR's Discovery Sports program provides the building blocks for learning basic sports skills in a FUN, non competitive environment. Parents participate with their children so it is fun for the entire family. Choose from two different sports: soccer or t-ball, or try both of them and SAVE! Receive a 10% discount on 2nd sport when you register for two sports (per child) at the same time. Includes t-shirt, ball, and medal.*This program is eligible for a residency discount.

BASKETBALL (6/3 - 6/7) or (7/8 - 7/12)

M-F	Ages 3	9 - 9:45am	Greenacres	\$57*
M-F	Ages 4	10 - 10:45am	Greenacres	\$57*
M-F	Ages 5-6	11 - 11:45am	Greenacres	\$57*

INDOOR SOCCER (6/17 - 6/21)

M-F	Ages 3 - 4	9 - 9:45am	Greenacres	\$57*
M-F	Ages 5 - 6	10 - 10:45am	Greenacres	\$57*

SOCCER (8/10 - 9/14)

S	Ages 3 - 4	9 - 9:45am	Westdale	\$57*
S	Ages 5 - 6	10 - 10:45am	Westdale	\$57*
S	Ages 3 - 4	1 - 1:45pm	N. Meadows	\$57*
S	Ages 5 - 6	2 - 2:45pm	N. Meadows	\$57*
T	Ages 3 - 4	3:30 - 4:15pm	Emerald Cove	\$57*
T	Ages 5 - 6	4:30 - 5:15pm	Emerald Cove	\$57*



YOUTH SUMMERBALL

AGES 8-15 Our Youth Summerball League is Back! Registration ends April 20th. Boys and Girls ages 8-15 as of August 1st 2024. Leagues for both Machine Pitch and Live Pitch. Fee includes uniform (shirt, hat, socks) and team picture. (Participants must provide their own glove). *This program is eligible for a residency discount.

5/6 - 6/29	Weeknights	6pm & 8pm	Polo, GA, and Fruitvale Norris	\$150*
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TOT OLYMPICS

AGES 3-6 A week long Olympic sports camp for children. Kids will have tons of fun being introduced to various activities including sprints, obstacle course, relays, baseball throw, and long jump. On the last day of camp, the Tot Olympics will be held for parents to watch their child participate in multiple events and cheer their little Olympian along. Shirt and medal included. *This program is eligible for a residency discount.



M-F	6/3 - 6/7	9 - 10am	Greenacres	\$57*
M-F	7/8 - 7/12	9 - 10am	Greenacres	\$57*



Looking for more?

Explore Additional Activities Through Our Network of Partners!

Connect with our partner programs for a wider selection of activities, ensuring there's always something fresh and exciting to experience.



SKYHAWKS Register directly at skyhawks.com

GOLF

AGES 6-12 Powered by Payne Stewart Golf Experiences, this is the recommended entry-level golf program for PGA Junior Golf Camps. The unique, games-based play program and modified learning equipment make it easier for kids to hit the ball and experience early success. Putting, chipping, pitching, and full swing are all taught through games, simple repetitive motions, and learning rhymes that make it easy for young kids to remember and repeat. Specially designed, age-appropriate golf equipment is provided.

M-F	6/17 - 6/21	9am - 12pm	Liberty	\$87.50
M-F	7/29 - 8/2	9am - 12pm	Emerald Cove	\$87.50

CHEERLEADING

AGES 4-12 This class teaches young athletes the essential skills to lead the crowd and support the home team! Each participant will learn cheers, proper hand/body movements and jump techniques. There is no stunting, just a big focus on fun while each cheerleader learns important life skills such as teamwork and leadership. The program concludes with a final cheer performance.

M-F	7/8 - 7/12	9am - 12pm	Emerald Cove	\$87.50
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FLAG FOOTBALL

AGES 6-14 Experience the excitement of football with Skyhawks Flag Football. Using a curriculum developed from the experts from USA Football, coaches will teach skills like passing, receiving, kicking, and flag pulling. Participants will gain confidence and learn important life lessons in a fun, positive environment.

M-F	7/8 - 7/12	9am - 12pm	Emerald Cove	\$87.50
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TRACK & FIELD

AGES 6-14 The fundamentals of body positioning, stride, proper stretching, and cool-down techniques are taught. Track and field events include javelin, discus, shot put, hurdles, long jump, triple jump, and various running and relay events (activities may vary by area). Participants also learn positive life skills such as teamwork and sportsmanship.

M-F	8/5 - 8/9	9am - 12pm	Polo	\$87.50
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MULTI-SPORTS

AGES 4-6 This multi-sport program was developed to give children a positive first step into athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through exciting games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace.

M-F	6/24 - 6/28	9am - 12pm	Emerald Cove	\$87.50
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LEAGUE OF DREAMS Learn more at ourleagueofdreams.com

ALL AGES League of Dreams is an adaptive sports program giving every child a chance to play by providing sports training, team camaraderie, and competitive sporting opportunities to athletes ages 5 to 22 with physical, developmental, and cognitive disabilities. Throughout the year, baseball and basketball programs are hosted at NOR facilities. Call 661.616.9122 for more information.

FENCING Register directly at kernaff.org

INTRO TO FENCING

AGES 8+ In partnership with the Kern Athletic Fencing Foundation (KAFF), youth and adults can learn the basics of Foil Fencing in an introductory 4-week course. Classes are held at KAFF's fencing studio located upstairs of the Bakersfield Woman's Club, 2030 18th St. All equipment will be provided. Participants must wear athletic shoes, full-length sports pants, and bring a water bottle.

S	6/8 - 6/29	12 - 2pm	Ages 8-17	\$100
S	6/8 - 6/29	2 - 4pm	Ages 18+	\$100

BAKERSFIELD AMATEUR Learn more at leagues.bluesombrero.com/basa

SOFTBALL ASSOCIATION (BASA)

AGES 10+ BASA is a recreational softball league held in Spring and Fall for ages 10 and up. League is hosted at North Rosedale Park. Email president@basaboard.com for more information.

AMERICAN YOUTH Learn more at ayso73.org

SOCCER ASSOCIATION (AYSO) REGION 359

AGES 4-18 AYSO is a recreational soccer league held in Spring and Fall for ages 4-18. League is hosted at Liberty Park. Call 661.556.2931 for more information.

i9 SPORTS Register directly at i9sports.com

AGES 3-14 Experience the convenience of the i9 Sports program with leagues for boys and girls available at multiple NOR facilities. At just one day per week, with practices held before games, all skill levels are welcome. There are no tryouts! League start times vary. *This program is eligible for a discount during early registration.

BASEBALL

S	Ages 3-14	6/29 - 8/10	Polo	\$195*
S	Ages 3-12	9/21 - 11/2	Polo	\$195*

BASKETBALL

S	Ages 7-13	7/6 - 8/17	RL	\$195*
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FLAG FOOTBALL

S	Ages 5-14	6/29 - 8/10	Polo	\$195*
S	Ages 5-13	9/21 - 11/2	Polo	\$165*

SOCCER

S	Ages 3-14	6/29 - 8/10	Polo	\$195*
S	Ages 3-12	7/6 - 8/17	Madison Grove	\$195*
S	Ages 3-14	9/21 - 11/2	Polo	\$197*

VOLLEYBALL

S	Ages 8-13	9/21 - 11/2	RiverLakes	\$165*
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NEW TECH SAVVY SENIORS

AGES 50+ Discover the wonders of technology at our Senior Center's Tech Literacy Course! From email setup to social media navigation, we've got you covered. Learn essential device skills and stay safe online. Classes held the last Wednesday of each month. Empower yourself in the digital age! Bring your personal device that you use every day.



W	Ongoing	9:30 - 10:30am	Rasmussen	FREE
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SENIOR MARKETPLACE

AGES 60+ Seniors are invited on the third Wednesday of the month during lunch time to stroll through a convenient shopping experience comprised of local vendors right at the Senior Adult Center.



W	5/15	9am - 2pm	Rasmussen	FREE
W	6/19	9am - 2pm	Rasmussen	FREE
W	7/17	9am - 2pm	Rasmussen	FREE
W	8/21	9am - 2pm	Rasmussen	FREE
W	9/18	9am - 2pm	Rasmussen	FREE

HOBBY MEETUP

AGES 60+ Connect with seniors with shared interests and participate in your hobby with others at these informal get-togethers. Participants must bring their own supplies.

SEWING & QUILTING

T	Ongoing	9am	Rasmussen	FREE
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CROCHET

W	Ongoing	9am	Rasmussen	FREE
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PLAYING CARDS

M-F	Ongoing	9am	Rasmussen	FREE
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PAINTING

F	Ongoing	9am	Rasmussen	FREE
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CONGREGATE NUTRITION

AGES 60+ Enjoy nutritious meals for older adults in a group setting with an opportunity to socialize with others. Live music is played daily. Call 661.392.2030 by 2p the day before to make a lunch reservation. Lunch is served promptly at 12p and participants should arrive no later than 11:45a. Voluntary \$3 contribution. For companions under 60, meals cost \$6.

Join us for holiday celebrations on these dates:

5/3 - Cinco De Mayo
5/10 - Mother's Day
6/14 - Father's Day
7/3 - Independence Day
8/16 - Luau Party
3rd Wednesday - Monthly Birthday Celebration



M-F	Ongoing	12pm	Rasmussen	FREE
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NEW AARP SAFE DRIVING COURSE

Register directly at 331-2229

AGES 50+ AARP Smart Driver course is specifically designed for drivers 50 and older. Contact your insurance agent to verify if you would receive the driver discount for completing the course. Refresh your driving skills and your knowledge of the rules and hazards of the road. Taking the course can prevent accidents or getting a ticket, by making participants aware of their driving habits. After completing the 8-hour (original course) or the 4-hour (refresher course), you will receive a certificate of completion. You would then notify your insurance agent to receive a discount on your car insurance. In order to take the 4-hour refresher course, you must have completed the 8-hour course. The cost of the course is \$20 for AARP and \$25 for non-members. The certificate is good for three years.

T/W	4/16 - 4/17	9am - 1pm	Rasmussen	\$25
T/W	6/18 - 6/19	9am - 1pm	Rasmussen	\$25
W	7/10	9am - 1pm	Rasmussen	\$25
T/W	8/6 - 8/7	9am - 1pm	Rasmussen	\$25

EXERCISE CLASS

AGES 60+ Join Ruth Reid, an authorized Arthritis Association Teacher, in gentle exercise set to music. This is a great class focused on natural movements and general wellness.



Th	Ongoing	9am	Rasmussen	\$5
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BINGO

AGES 60+ Grocery Bingo is played just like regular Bingo. Instead of a chance to win money, players have the chance to win snacks, toilet paper, or other household items.

GROCERY

T	Ongoing	1pm	Rasmussen	Varies
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PENNY

AGES 50+ Penny Bingo is a game that you can play from just one penny. This activity offers the same thrill and excitement as the higher stake games, but for a fraction of the cost. Not only is this a low-risk way for new players to learn how to play bingo, but this game is popular amongst experienced players too.

Th	Ongoing	5:30 - 8pm	Greenacres	Varies
F	Ongoing	1pm	Rasmussen	Varies

MOVIE NIGHT

AGES 60+ Seniors are invited to gather together for an afternoon movie. Popcorn and soda sales are available.



W	5/8	1pm	Rasmussen	FREE
W	6/12	1pm	Rasmussen	FREE
W	7/10	1pm	Rasmussen	FREE
W	8/14	1pm	Rasmussen	FREE
W	9/11	1pm	Rasmussen	FREE



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